

## **Enhanced Health Care Aide and Personal Support Worker Blended Delivery Program Information**

This program has been specifically designed for certified Health Care Aides/Personal Support Workers employed in First Nation communities. The program was developed based on a learning needs survey of existing HCAs/PSWs in Manitoba and Ontario First Nations and is offered in direct partnership to third party funder organizations.

Graduates of SE FNIM Program's Enhanced HCA/PSW Blended Delivery Program receive a certificate of completion from our Ottawa-based SE Career College of Health, which is a not-for-profit regulated school. SE Career College has successfully delivered three (3) Enhanced HCA/PSW Blended Delivery Program trainings to date. Graduates of our Indigenous Enhanced HCA/PSW Program receive a certificate of completion from our Ottawa-based SE Career College.

The SE FNIM Program's Enhanced HCA/PSW Blended Delivery Program is comprised of one (1) in-person week at the start of the training, three online courses, and then one (1) in-person week at the end of the training.

Enhanced HCA/PSW Blended Delivery Program candidates must have the following admission criteria:

1. Copy of Health Care Aide/Personal Support Worker Diploma/Certificate from recognized institute
2. Complete and up-to-date immunization records
3. A police Check (Clearance) of Criminal Record and Vulnerable Sector and Child Abuse Registry Checks (all students must obtain all these documents).

## **Enhanced HCA/PSW Blended Delivery Course Descriptions**

### **Enhanced HCA/PSW In-Person Theory Courses**

#### **Palliative Care and Mental Health**

The primary focus for this course is to introduce the students to end-of-life/palliative care. Students will develop an understanding of palliative care, as well as the skills to improve the quality of life of people with life-limiting conditions and assisting their families. Students will come to understand the importance of treating physical symptoms and attending to psychological, social and spiritual needs of palliative care clients and their families. Students will learn that palliative care is appropriate for people of any age and may be integrated at any point in the disease trajectory, from diagnosis through the continuum of care to bereavement.

This course also assists students to explore concepts and caregiving approaches that will allow them to work effectively with individuals experiencing cognitive, mental health, or brain injury challenges. The emphasis is on supporting clients with dementia, recognizing responsive behaviors, and identifying person-centered care strategies

### **Caring for Children with Complex Needs and Ethics/Leadership**

This course introduces students to caring for medically complex children. Students will understand the HCA/PSW role can involve caring for children with complex needs, including nutritional needs of children, strategies for protecting children from injury, and managing disruptive behavior in children. Students will understand basic concepts and definitions related to developmental disabilities and have an overview of childhood diseases, syndromes and disorders. Students will have a better understanding of the medically complex child and the impact on families. This course has a strong focus on the needs of children and families who are involved with the Jordan's Principle Initiative.

This course also assists students in exploring concepts in ethics and leadership in healthcare. Students will understand the role ethics plays in healthcare, some of the issue's caregivers face in day-to-day care with their clients and client's families. The course will demonstrate how ethics will guide the caregiver in provision of care. This course also explores concepts of leadership, the difference between leadership and management, what is effective leadership, and why effective leadership is so important.

### **Enhanced HCA/PSW In-Person Practice Experience Courses**

#### **Personal Care, Activities of Daily Living and Assistance Skills – Hands on Skills**

This practical course offers students the opportunity to sharpen their personal care, activities of daily living, and assistance skills within the parameters of the HCA/PSW role. The course is comprised of in-class and supervised laboratory experiences, which will assist the student to integrate theory from other courses to develop care-giver skills that maintain and promote the comfort, safety, quality of life, and independence of individuals within the community and a variety of facilities.

### **Enhanced HCA/PSW On-Line Theory Courses**

Since 1999, SE Health has adopted e-learning to educate and motivate health care providers. SE Health's Learning Solutions team has over 15 years of experience designing and developing e-learning solutions and has developed over 75 e-learning courses/modules for health care provider target audiences, including our own 9000+ staff, FNIM community participants, and SE Career College of Health students. These courses/modules are interactive, engaging, educationally sound, and meet key learning objectives and performance goals. The Enhanced HCA/PSW Program on-line courses are accessed through the @YourSide Colleague®, SE Health's on-line learning platform.

#### **First Nations Elder Care**

This course will guide the learner through Elder Care. After completing this course, the learner will be better able to care for Elders in their community. This course is applicable to community-based workers providing care to Elders in their First Nation communities.

**Trauma-Informed Relationships: Building Safety and Trust**

This course will guide learners through everything they need to know about trauma informed care. After completing this course, learners will be able to support clients who may be dealing with various effects from trauma.

**Infection Prevention and Control**

This course will provide learners with a basic understanding of infection prevention and control. After completing this course, learners will be better able to prevent or stop the spread of infection.